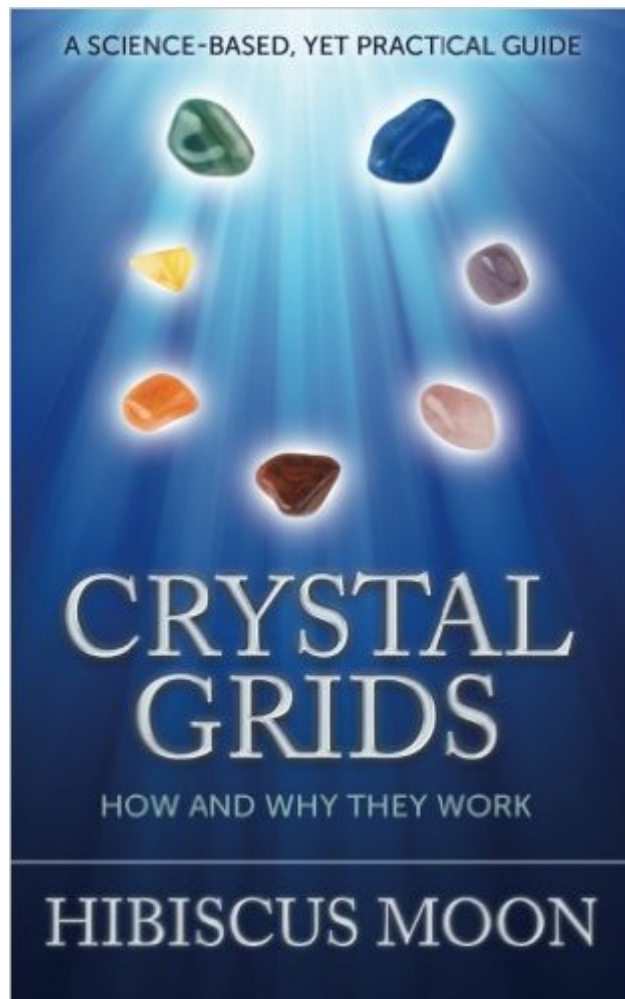


The book was found

Crystal Grids: How And Why They Work: A Science-Based, Yet Practical Guide



Synopsis

Have you heard of crystal grids but wondered what they are, what they're for, how they work? This book will explain all that and more. This is a refreshingly practical crystal healing book. Being practical, you'll find this guidebook outlined with clear, basic instructions on specific grids and their use. Using science as our platform, you'll explore the "how's" and "why's". Through my background and love of science-y subject matter, I help explain: • What a crystal grid is • The sacred geometry foundation of grids • Crystal grid energy fields • Connection to Mother Earth's own grid • How to use grids with distance healing work • How to set your intention • How to choose a grid formation • Specific components of a crystal grid • How to select which crystals to use in a grid • How to activate and maintain a grid • Grid "recipes" for various purposes This book will open up a whole new world of manifesting using the power of crystals.

Book Information

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Customer Reviews

I read the whole thing in an hour. I am giving this 2 stars only because there is (a very easy) to understand explanation of how a grid works. All the information can be found online via Google for crystal grids within a few minutes. The author doesn't give much for layouts and in the Kindle addition I purchased, the photos are poor quality and very small. I've studied and taught grid work for years and I find a lot of her information is how she feels the layout should be. I disagree with her comment that the stones in a grid work better if they are all from the same region. Diversity is a great key component in most situations. I want the stones that best fit the job. If I am looking to

connect with the Angels I would want Angelite from Peru, Celestite from Madagascar and Seraphinite from Russia etc. Another issue in her teaching I found her not wanting to commit to a direction of cleansing her grid. She mentions you can leave it up as long as you like, then maybe a month check on it but then in the next sentences energize it every week but you don't have to, it's how you feel. Don't dwell on it, but think about it. Some may never be taken down. Well, I know my curtains get dusty and my rug needs vacuuming more than once a month. Dust settles even if you keep your grid in a closet, as she suggests in one part. I find you should cleanse your stones especially if you feel that you want to leave this grid up for some time to reboot them. Whether your method is sunlight, moonlight, salt water bathes etc. The author doesn't explain the care of your grid and stones long term at all. Then there is the lack of grid set up in the book. She suggests a layout for the 12 grids she lightly mentions with only a few (3-4) very basic stones.

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